

Mind Out

Theatre performance by Station House Opera 2008– Artsadmin/Station House Opera

Separating mind from body and character from performer, *Mind Out*, explores the impossible question of what it is like to be mindless.

Each of the five performers is split into two. Each acts as the mind of another, giving simple instructions for action, formulating speech and expressing otherwise silent thoughts, while their own body responds to controls given by someone else.

Laced with a cruel humour as the actions of one bend to the whim of another, *Mind Out* moves from a fragile harmony where performers come together to co-operate on a shared task, to resistance, contradiction and anarchy as minds and bodies resist the control imposed upon them. *Mind Out* builds on Station House Opera's fascination with shifting and complex ideas of identity in performance, explored through previous works including *Roadmetal*, *Sweetbread* and *Mare's Nest*.

www.stationhouseopera.com

www.artsadmin.co.uk, 020 7247 5102



Devised and performed by	Zena Birch, Tom Bowtell, Susannah Hart, Julian Maynard Smith and Helen Morse Palmer
Director	Julian Maynard Smith
Lighting design and costume	Susannah Hart
Set construction	Peter Walleitner
Production Manager	Rachel Shipp
Manager	
Technical Touring Manager	Matthew Bowyer
Producers	Artsadmin: Judith Knight and Janet Waugh

Mind Out is an Artsadmin project developed from a BAC Scratch Commission and supported by Arts Council England